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# 3 Local Authors Share Personal Perspectives



## Secily Wilson

Secily is the founder of WOW Legacy Group, a growing Central Florida nonprofit with a mission to empower, educate, encourage and inspire women facing life adversity. Her philanthropic work is done through the organization's Fall into Fabulous empowerment program. She's also a Telly Award winning broadcast journalist, media communications professional, and Mrs. Florida International 1999. Secily says her greatest role is being Mommy to her daughters, Chrissy and Nicole. She's even more proud of her newest title – Gina to her granddaughter, Amari Elizabeth. An active member of the greater Orlando community, Secily volunteers with a variety of organizations throughout the region, including passionate

interests for stroke awareness and curbing domestic violence.

*Two strokes didn't stop her. Divorce didn't derail her. She lost her job and found her passion. She is a woman who overcomes through sheer willpower, and she continues to thrive. Secily leads powerfully using her voice to inspire and influence through her book.*

### Why did you decide to write the book?

My book had a permanent spot on the "I should write a book" shelf for years. Constant urges from friends and family would encourage me to put pen to paper and write the book. Two of my girlfriends, both in different locations and times, took active approaches to help me get started. Unfortunately, I let the fear of starting stop me. In January 2020, the final push from another girlfriend lit the match that started the fire to my writing.

### How did you come up with the title and concept?

The title, *She Said the P Word*, is lightly inspired by my appearance on the game show *Family Feud* with host Steve Harvey. I went viral for saying the P-word on national television. You can Google it to hear what I said. I later realized my life was riddled with "P" words that didn't go viral on YouTube. Words like Pain, Pivot,

Passion, Prayer and Purpose. I wanted to share my deeply personal story, with the hopes it would be a survival guide for others who read it and are able to relate or see themselves in pages of my book.

### What was the timeline from when you started to it being published?

When I spoke to my publisher for the first time in January 2020, she mentioned I could finish the book by July of the same year *if* I focused. That was a lightbulb moment for me because July is my birth month and I was turning 55 years old. That became my internal deadline and driving force. In the middle of the ultimate P-word, Pandemic, I completed the book before my deadline on June 30.

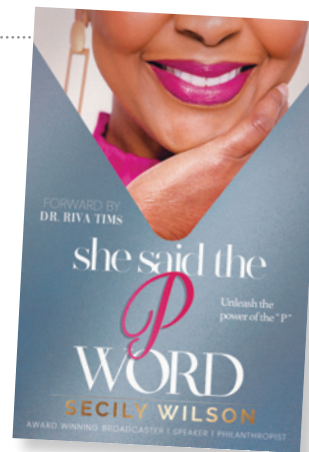
### What has been the feedback?

The book debuted August 18 as an Amazon New Release Best Seller. The response has been overwhelmingly positive. The

P-word Posse is growing stronger with the support of our Florida four-city book tour powered by Ford Motor Company.

### How can we get a copy?

You can get your copy of *She Said The P Word* on Amazon or for an autographed copy, on my website: [thesecilywilson.com](http://thesecilywilson.com).



### Secily Says: Say the P Word

*Life is not Perfect! Sometimes you have to laugh to stop from crying. Take a daily dose of laughter. Laugh out loud. Laugh until it hurts. Laugh like nobody's watching. At the end of the day, laughter may be the only thing that stops you from crying, and it is truly the best medicine!*

*When adversity arrives, you can always say the "P" words — any of them will get you through. Fear can Push you into your Passion and Purpose. Pain is a part of the Process. Don't avoid it. Make a Plan and stick to it. Surround yourself with a Posse who supports you and will hold you accountable. Stay true to your Principles and do not compromise. Pursue, Persist and Persevere, and most importantly, Pray. His Promises are never broken.*